

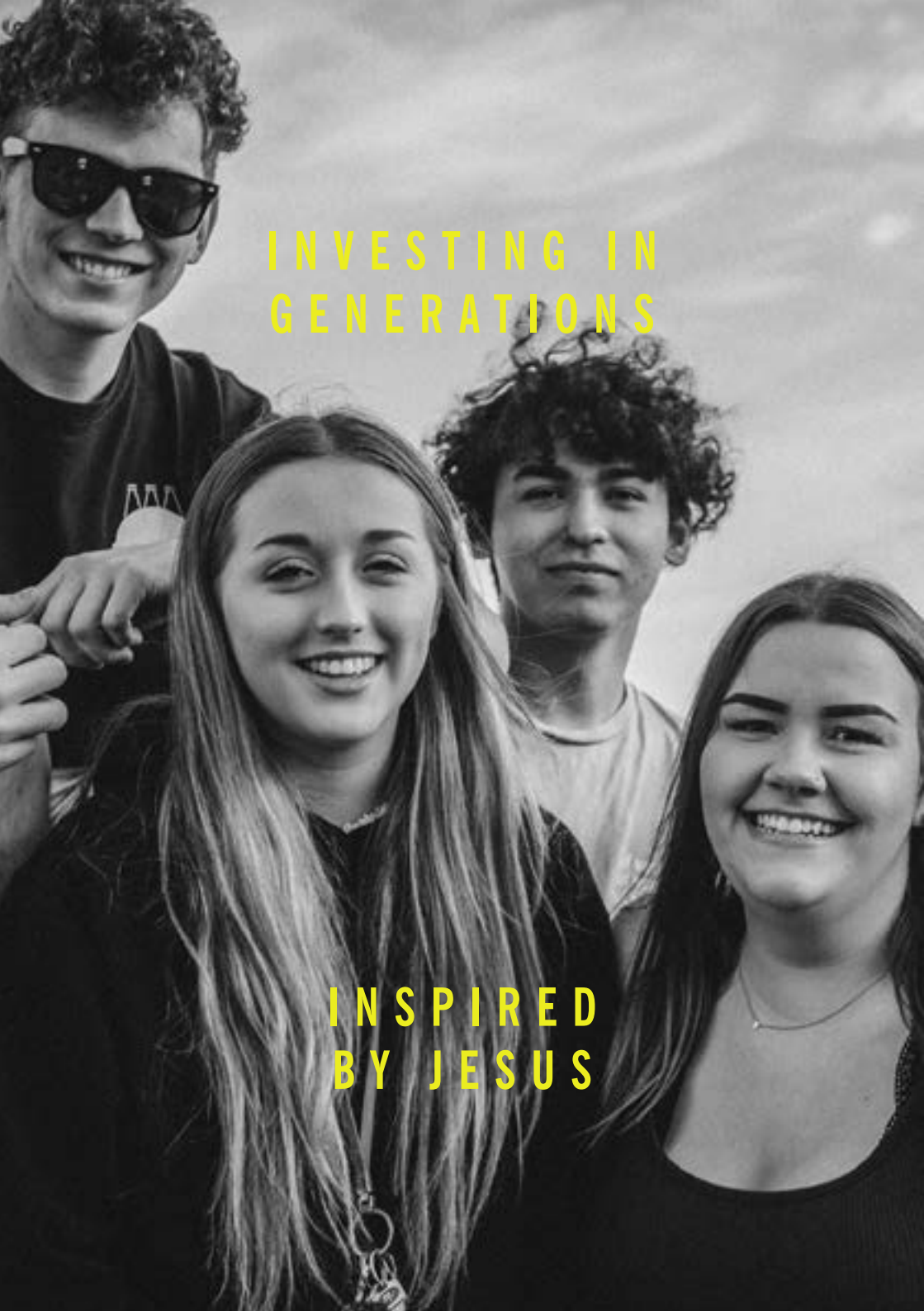
**BE**



**GAP  
YEAR**

**CO**

**ME**



INVESTING IN  
GENERATIONS

INSPIRED  
BY JESUS

# A Gap Year THAT AIMS TO *IGNITE* THE FLAMES OF ASPIRATION WITHIN THE hearts OF THE *younger generation...*

This transformative year is rich with opportunities for challenge and self-discovery, empowering participants to delve deeply into their own identities, encouraging them to uncover the treasures life has to offer.

With a legacy spanning 40 years, CYM has crafted a sanctuary rooted in diverse collaborations, presenting a vibrant and contemporary vision of what “a year out” can truly be.

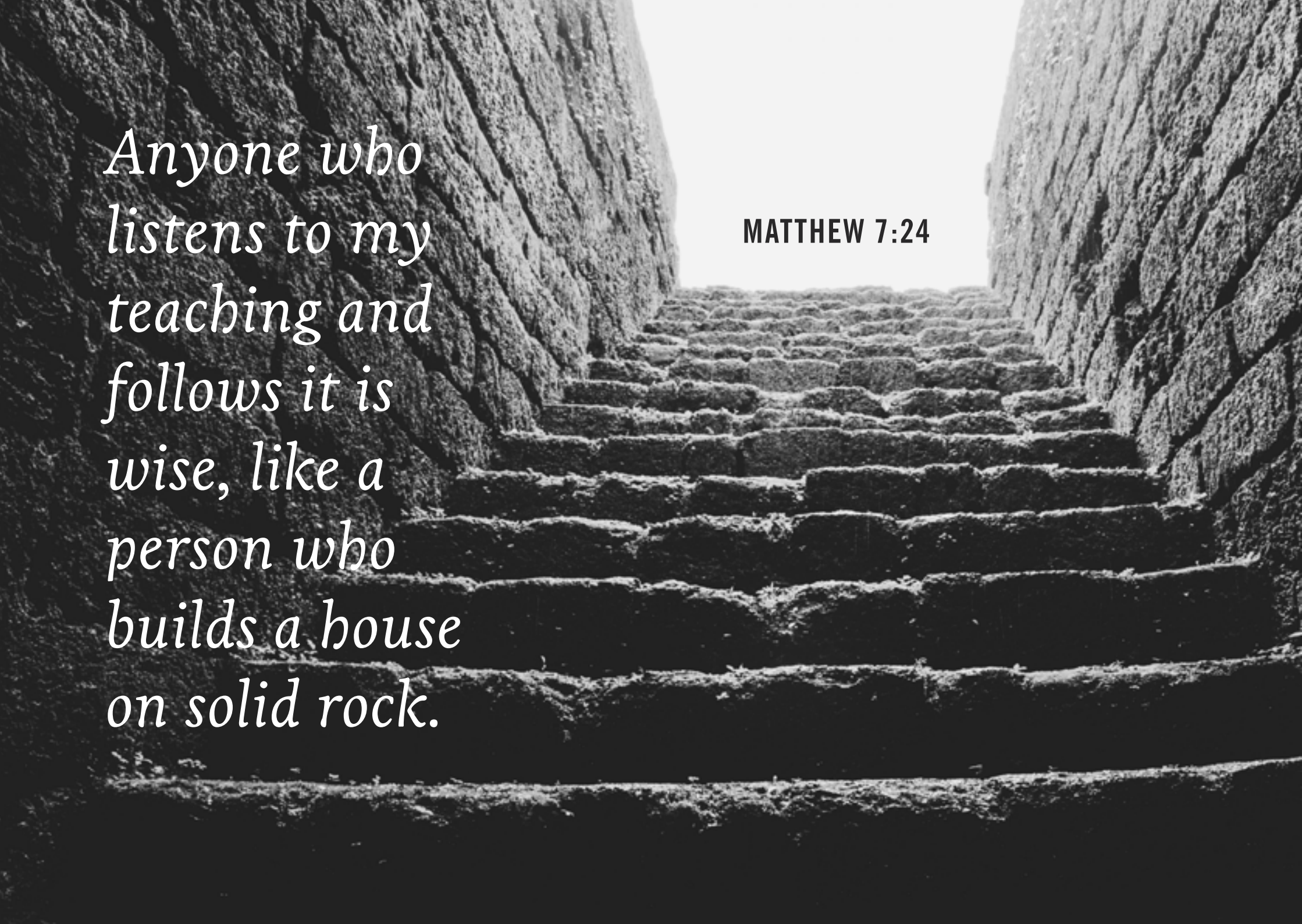
Consider this your invitation to embark on a captivating journey of learning and exploration—designed to boost your confidence as you step into the expansive world, enriched with a deeper understanding of yourself and the people around you.

# DISSOC

WHAT *excites* YOU &

IDENTIFY YOUR *passions*

# OVER



*Anyone who  
listens to my  
teaching and  
follows it is  
wise, like a  
person who  
builds a house  
on solid rock.*

**MATTHEW 7:24**

# EMBRACE

AND LIVE OUT A JESUS-  
CENTRED LIFESTYLE.



DEVELOP YOUR UNIQUE GIFTS

NEW OPPORTUNITIES AND

# EXPLORE

A **holistic** approach to working which covers your **physical,** spiritual and **MENTAL** development, learning **life resilience** and work place **EXPECTATIONS**



Try it out Try it out Try  
it out Try it out Try it  
out Try it out Try it out  
Try it out Try it out Try  
it out Try it out Try it  
out Try it out Try it out  
Try it out Try it out Try  
it out Try it out Try it  
out Try it out Try it out  
Try it out Try it out Try  
it out Try it out Try it

The cornerstones  
of the gap year are

**HANDS ON**  
*(Campsite)*

**GO UP A LEVEL**  
*(Training)*

**RAISE THE BAR**  
*(Fundraising)*

**HANG OUT**  
*(Planned socials)*

**MAKE YOUR MARK**  
*(Dragons Den)*

**BUILDING ON  
FOUNDATIONS**  
*(learn from our experts)*

# HANDS

## THE CYM GAP YEAR USES THE CAMPSITE PROGRAMME AS A FOUNDATION FOR EXPLORING AND DISCOVERING WHO YOU ARE...

One of the hardest questions to answer is often, "What do you want to do?" Being part of this Gap Year can help you uncover potential career paths for your future. While we may not fully align with all your interests, we hope to spark curiosity and inspire you to pursue areas you want to explore further.

The Campsite programme provides an opportunity to experience...

### THE ACTIVITY TEAM

Responsible for leading and supporting all of CYM's adventurous activities throughout the academic year. In many ways, this team serves as frontline, where interaction with participants is a top priority.

### THE COOKING TEAM

A crucial part of any programme, bringing its own unique challenges. Success in this role depends on strong time management, teamwork, and attention to detail.

### ADMIN + FINANCE

The behind-the-scenes engine that ensures every aspect of the campsite plans can happen. This is where planning, creativity, and sustainability come together to bring ideas to life.

### SOCIAL MEDIA

A creative, forward-facing role that involves crafting engaging graphics and writing compelling content to capture attention and keep others informed about current events updates.

### THE TEAM LEADER

A leadership role focused on learning how to coordinate and manage a team in dynamic, real-time situations while also planning effectively advance.

# ON



# GO UP A LEVEL

Throughout the year, you will have access to complementary training designed enhance your skills, introduce new working methods, and provide valuable takeaways for end of year. The Campsite programme provides an opportunity to experience...

YOU WILL HAVE THE CHANCE TO OBTAIN:

**NPLQ** ★

National Pool  
Lifeguarding  
Qualification,  
(including first aid)

**FOOD  
HYGIENE  
AND SAFETY  
LEVEL 2** ★

**INTRO TO SAFEGUARDING** ★

**WATER  
ACTIVITIES  
AND ZIP LINE  
SIGN-OFF** ★

(in house)

**THE  
NATIONAL  
ARCHERY  
INSTRUCTOR  
AWARD** ★



**BUILD**

**ON A**

***foundation***

**WHILE THE BECOME  
EXPERIENCE IS ROOTED IN  
CYM, ONE OF OUR KEY AIMS  
IS TO BUILD UPON YOUR  
FOUNDATION OF LEARNING,  
EXPERIENCES, AND SKILLS,  
PREPARING YOU FOR THE  
ADULT WORLD**

We understand that transitioning from school or college and deciding what comes next can bring its challenges—especially when you're uncertain about what to commit to. It also brings the weight of new expectations on how to live.

Throughout the year, you'll have plenty of opportunities to ask big question, learn the art of budgeting, study the Word, and prompt us to organise other skills you feel would be most helpful to you.

# FRANKIE'S



# STORY

“

**WHERE DO I BEGIN? I JOINED THE CYM TEAM IN JANUARY TO BEGIN A GAP YEAR PROJECT. I WAS NOT IN A GOOD PLACE AT THE TIME AS I HAD TO COME OUT OF UNIVERSITY BECAUSE OF BACK AND LEG PAIN, I FELT THAT I HAD NO PURPOSE IN LIFE IF I COULDN'T DO WHAT I WANTED TO DO. THEN JOSH APPROACHED ME AND ASKED ME ABOUT TRIALLING A GAP YEAR.**

I was so nervous but very excited as I knew how much fun I had at Basecamp the previous year as I helped out for a few days. It has honestly changed my whole life. The team have been absolutely incredible, and I have never felt more supported in my life and they genuinely meant it.

I have loved doing the gap year and trying different things out. I was so surprised at how much trust and support the team had in me. It never felt that I wasn't capable of anything because they've taught me how to lead and to have my own roles. I never would have thought I would be able to have as much responsibility as I did. This made me feel so included and worthy. As a team they listened to me, and we could develop new ideas together. I cannot get over how this experience has changed me. Last year was very tough but now I am the happiest I have been in a long time. With the support of the team and the volunteers I've pushed myself to new places I never thought I would do.

My faith has never been so strong, I have spoken publicly three times about my faith to a big group of people and I don't think I would have ever done that a year ago. Not only has CYM changed me spiritually, but all round they have helped me to understand who I am and what I'm passionate about. I've always wanted to make a difference, and I feel like I've been able to make a difference in the lives of the people I've worked with this year. I've learnt so many good skills such as leading groups and activities, being able to adapt, leading teams, supporting individuals, communicating with churches and organisations and even training to be an archery instructor.

God has been at work incredibly this year. I didn't want to continue with my life as I didn't see that I had a purpose. I almost thought that God messed up. But how wrong I was. He made me realise that sometimes the path we want to take isn't in His will. He redirected me this year to get closer to Him and to lean on Him more. CYM has helped me to make sure that I need to include God in everything I do. There have been times I didn't know if I would be able to do something because I was nervous and I found strength in Him. I've been able to see God through the works of the team and the volunteers. You can sense His presence everywhere they go. I can't wait for what the future has to hold for me and CYM.

”

PART OF CYM'S VISION IS TO  
**INVEST IN ALL GENERATIONS,**  
AND THIS GAP YEAR IS A KEY  
PART OF THAT MISSION

CYM is committed to supporting the upcoming generation by using the resources at our disposal to create a safe space where people can test boundaries and grow.

We offer this Gap Year free of charge, with no expectation for participants to pay for any part of the programme. However, we do challenge each Gap Year student to fund-raise, helping to reinvest in the next generation. Our fundraising target for the year is £500 per person but we would encourage you to aim for more.

RAISE *the* BAR





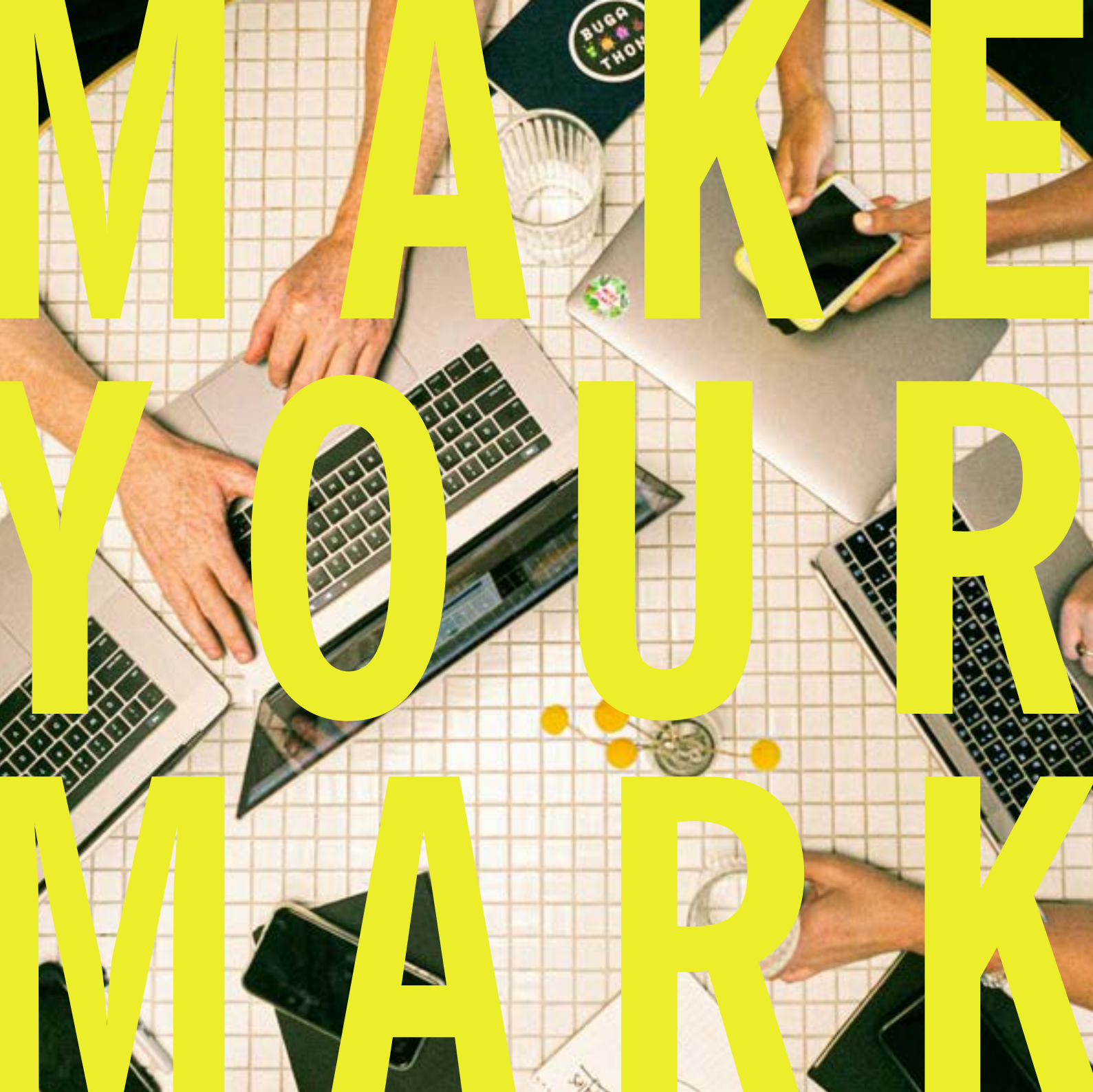
# HANG

**THIS YEAR WILL BE FULL OF OPPORTUNITIES TO CHALLENGE YOURSELF, BUT WE DON'T WANT IT TO BE ALL ABOUT WORK AND DEVELOPMENT**

We know that building lasting relationships is just as important, and those connections will extend far beyond this year. There will be organised games and trips throughout the year to help everyone get to know each other, as well as time to relax and recharge from all the hard work. Some of these trips can be suggested as the year unfolds, but a few ideas we're considering include a visit to London or a day at Alton Towers.

Having a strong faith-filled group around you is essential in our Christian lives. Ultimately we want you to create lasting friendships, with a shared experience. Relationships that are reliable and trustworthy, where you can do life together.

# OUT



# MAKE YOUR MARK

## **OVER THE COURSE OF THE YEAR, YOU WILL BE TASKED WITH CREATING A PITCH...**

This could involve a new activity, initiative or programme—who knows what ideas you'll come up with!

You will work alongside the CYM team and a coach to help structure your ideas into a compelling presentation for a panel. The panel will decide whether your idea should be taken forward and what key learning point you can take away.

Throughout this time you'll experience what it's like to be in an interview situation, speak in front of others and learn how to effectively project-plan—all valuable skills that will support you in whatever the future holds.

# WHERE *TO GO* FROM *HERE*

We understand that further education may not be an immediate consideration for you, or perhaps you're looking for an opportunity to try something new.

We hope the information in this book has piqued your interest, and that you're now ready to arrange a chat with one of us to explore how you can sign up for the year ahead.

# BECOME

GAP YEAR

Open Spotify and scan the code to hear what  
our team have been listening to lately:



**PHONE**

 01473 216712

**EMAIL**

 [info@c-y-m.org.uk](mailto:info@c-y-m.org.uk)

**WHATSAPP**

 01473 487031